

ENROLLMENT LINK:
<https://tinyurl.com/HealthyAgingStudy>

SDSU
SCHOOL OF PUBLIC HEALTH

SCAN TO ENROLL!



HEALTHY AGING STUDY

Have you ever wondered what makes certain groups of people more susceptible to aging-related illnesses?

Dr. Tianying Wu and her research team at the SDSU School of Public Health are conducting a study on dietary and lifestyle factors that contribute to aging-related illnesses among adults between the ages of 18 and 65.

Many aging-related diseases are more common in the U.S. and other Western countries than in Asian countries. Western dietary and living habits play a key role in the development of such diseases. In this survey, we will assess both Western and Asian dietary and lifestyle habits to uncover racial disparities in risk factors and aging-related diseases.

Your participation will help us identify whether these aging-related diseases are due to genetics or modifiable risk factors (such as diets) as well as pinpoint specific prevention strategies for different ethnic groups.

For any questions or concerns pertaining to the study and enrollment, please contact us at sph-tianwusurvey@sdsu.edu.

3

Questionnaires

- Online
- Confidential
- Engaging
- Diverse Topics
- You will be compensated upon completion of the questionnaires

Eligibility

- All ethnicities
- 18-65 years of age
- Resident of California or the USA
- No HIV or Hepatitis
- No active TB (Tuberculosis)